



**Vision:**

*A leading institution of excellence in innovative instruction and creative research and extension programs and projects, directed towards lasting peace and total human development*

**Mission:**

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**BACHELOR OF SCIENCE IN NUTRITION AND DIETETICS**

**List of Books**

Course Description	Author	No. of copies	Copyright
<b>Basic Food</b>			
1. Basic Foods (2 <sup>nd</sup> ed.)		e-book	2022
2. Meat Quality and Safety and Microbial Analysis	Arlene Raffo	e-book	2022
3. Principles of Food Sanitation	Cristina Garcia Jaime	e-book	2020
4. Rapid methods in food microbiology	Chenggui Sun	e-book	2019
5. Illustrational Handbooks of Furtune Foods	3G Learning	1	2017
6. Basic Foods for Filipinos, 5th edition	Serraon-Claudio, et. Al	8	2014
7. Food and Beverage Reference Dictionary	Samoraho-Rule, et. Al	1	2006
8. Healthy Foods	Roger, George, Pauplona	1	2006

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<b>Basic Nutrition</b>			
1. Soy and soy-based foods in Health and Nutrition	Olivia DSouza	e-book	2021
2. Start-up Guide: Nutritionist	3G Editorial Board	e-book	2021
3. Basic nutrition	3G E-learning LLC.	5	2020
4. Basic nutrition and diet therapy : laboratory manual for allied health	Maria Lourdes Cruz-Caudal.	5	2019
5. Biochemistry in Nutrition	Perna Pandey	e-book	2019
6. Food Lipids: Chemistry, Nutrition and Biotechnology	Sara Diana Garduño	e-book	



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			2019
7. Handbook of Minerals and Nutrients	Roksana Khalid	e-book	2019
8. Basic nutrition and diet therapy : textbook for allied health	Maria Lourdes Cruz-Caudal.	5	2019
9. Essentials of Nutrition in the Philippine Setting	Ruiz, Adela, Jamorabo	5	2016
10. Basic Nutrition for Filipinos	Ruiz, Adela, Jamorabo	5	2010

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<b>Meal Management</b>			
1. Meal management & table service	Corazon Guevara-Leocadio.	5	2022
2. Food Science and Health: Food Safety		e-book	2022
3. Kitchen essentials and basic Food Preparation		e-book	2022
4. Meal Management		e-book	2022
5. Food and beverage cost control	Sophia Tieng	e-book	2021
6. Food contamination and safety	Urvashi Swami	e-book	2021
7. Convention and banquet Management	3G Editorial Board	e-book	2020
9. Meal Management and Table Service	Claudio, Virginia Serran	5	2014
10. Culinary Tricks for Filipino Dishes	Flores, Eva-Nebril	5	2014
11. Food and Beverage Reference Dictionary	Jamorabo-Ruiz, et. Al	1	2006
12. Food and Beverage Reference Dictionary	Ruiz, Adela Jamorabo	5	2006

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<b>The Nutritional Assessment</b>			
1. Basic Nutrition		e-book	2022
2. Dietary Assessment	Helen Davidson	e-book	2021
3. Nutritional assessment	David C. Nieman	5	2019
4. Medical nutrition therapy simulations	SeAnne Safaii-Waite.	5	2019
5. Nutrition Education & Principles Approaches and Strategies	Ruiz, Adela Jamorabo	3	2010
6. Basic Nutrition for Filipinos, 6 <sup>th</sup> edition	Jamorabo-Ruiz, et. Al	5	2010
7. Diet Manual 5th ed.	NDAP	1	2010
8. Prescription to Health	Lim, Vorona	1	2009
9. Healthy Foods	Roger. George Puplona	1	2006

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<b>Food Service System</b>			
1. Cooking for the Hospitality Industry		e-book	2022
2. Food Science and Health		e-book	2022
3. Food and Beverage Cost Control	Sophea Tieng	e-book	2021
4. Food contamination and safety	Urvashi Swami	e-book	2021
5. 3GE Collection on Tourism: Food & Safety Law in Hotels	3G Editorial Board	e-book	2020
6. Convention and banquet Management	3G Editorial Board	e-book	2020
7. Sustainable Nutrition and Food Systems	3G Editorial Board	e-book	2019
8. Food Service Mngt. In the Philippines 2nd ed.	Perdigon, Grace P.	1	2016
9. Food and beverage service : advanced	3G E-learning	5	2016
10. Food and beverage service : expert	3G E-learning	1	2016



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11. Culinary Nutrition	3G Learning	1	2014
12. Food Selection, Preparation and Cooking	Flores, Eva-Nebril	5	2014
13. Meal Management and Table Service	Claudio, Virginia	5	2014
14. Food and Beverage Reference Dictionary	Jamorabo-Ruiz et. Al	1	2006
15. Food Service Education	Perdigon, Grace P.	1	2005
16. Food Service and Bartending	Roldan, Anelia	1	2003

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<b>Fundamental of Food Technology</b>			
1. Food science and nutrition : an integrated approach	Reese Burnett.	1	2023
2. Analytical techniques for Food Biopreservation	Abeer Iqbal	e-book	2022
3. Illustrated handbook of Functional Foods and Biotechnology	-	e-book	2022
4. Introduction to Food Science		e-book	2022
5. Meat Quality and Safety and Microbial Analysis	Arlene Raffo	e-book	2022
6. Modern Initiatives for Sustainable Food Production	Friedrich Huth	e-book	2022
7. Collection on Food Science: Proteins in Food Processing	3G Editorial Board	e-book	2021
8. Principles of Food Sanitation	Cristina Garcia Jaime	e-book	2020
9. Rapid Methods in Food Microbiology	Chenggui Sun	e-book	2019
10. Food Technology	3G E-Learning	1	2018
11. Illustrated handbook of flavors & food colorants technology	Aleksandar Mratinkovic.	5	2017

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12. Food Processing: Intermediate	Marques, Patricia	1	2016
13. Laboratory Manual on Food Fermentation	Flores, Eva-Nebril	5	2014

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<b>Nutrition Care Process and Sports Nutrition</b>			
1. Essentials of sports nutrition	Tobias Fry	2	2023
2. Sports Nutrition	Rebecca J. Frey and William A. Atkins	e-book	2023
3. Basic Nutrition(2 <sup>nd</sup> ed.)		e-book	2022
4. Sports nutrition	Surjeet Singh Kaswan.	1	2021
5. Dietary Counseling	Crystal Heather Kaczkowski	e-book	2021
6. Nutrition care process	3G Editorial Board	e-book	2020
7. Nutrition for sport & exercise	Marie Dunford.	1	2019
8. Sports nutrition	Allie Gaines.	2	2019
9. Nutrition for sport & exercise	Marie Dunford.	1	2019
10. Medical Nutrition Therapy for Filipinos	Ruiz, Adela Jamorabo	3	2011

Course Description	Author	No. of Copies	Copyright
<b>Nutrition in the Life Stages</b>			
1. Illustrated handbook of Nutrition in Early Life	3G Editorial Board	e-book	2021
2. Illustrated Handbook of Pediatric Nutrition	3G Editorial Board	e-book	2021
3. Geriatric Nutrition	Sara Diana Garduno	e-book	2020
4. Nutrition in life stages	3G Editorial Board	e-book	2020
5. Nutrition & diet therapy	Linda Kelly DeBruyne.	2	2020
6. Nutrition for healthy leaving	Wendy J. Schiff.	1	2019



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7. Medical Nutrition Therapy for Filipinos	Ruiz, Adela Jamorabo	3	2011
8. Basic Nutrition for Filipinos, 6 <sup>th</sup> edition	Jamorabo-Ruiz et. Al	5	2010
9. Diet Manual 5th ed.	NDAP	2	2010

Course Description	Author	No. of Copies	Copyright
<b>Catering Management and Food Safety</b>			
1. Food Safety	Margaret Alic and Cameron Howell	e-book	2024
1. Meat Quality and Safety and Microbial Analysis	Arlene Raffo	e-book	2022
1. Antioxidant in Food Safety and Sustainability	Alfredo Menesses	e-book	2022
2. Food Science and Helath: Food Safety		e-book	2022
1. Food and Beverage Cost control	Sophea Tieng	e-book	2021
2. Food contamination and Safety	Urvashi Swami	e-book	2021
1. Collection on tourism: Food & Safety Law in Hotels	3G Editorial Board	e-book	2020
2. Convention and banquet management	3G Editorial Board	e-book	2020
3. Principles of Food Sanitation	Cristina Garcia Jaime	e-book	2020
1. Risk management as applied to safety, security, & sanitation	Ana Marie M. Somoray.	10	2020
2. Catering Service	Virgil L. Burton, III	e-book	2020
1. Fundamentals food microbiolog	Marques, Patricia.	1	2017
14. Catering science	Gurminder Preet Singh.	1	2017
1. Foods Service Education	Perdigon, Grace P.	5	2015
2. Meal Management and Table Service	Claudio, Virginia Serraon	5	2014
1. Culinary Thricks for Filipino Dishes	Flores, Eva-Nebril	5	2014
2. Food Selection, Prepartion and Cooking	Flores, Eva-Nebril	5	2014



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3. Food and Beverage Reference Dictionary	Jamorabo-Ruiz at. Et. Al	1	2006
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<b>Food and Nutrition Research</b>			
1. Food science and nutrition : an integrated approach	Reese Burnett.	1	2023
2. Whole Foods vs. Processed Foods	Rebecca J. Frey, PhD and Steve Blake	e-book	2020
3. Food and Nutrition Research		2	2020
4. Food science and nutrition	3G E-Learning	1	2017
5. Contemporary Nutrition; A Functional Approach	Wardlaw, Gorder M.	5	2014
6. Krause Food Nutrition & Diet Therapy	Mahan, L. Kathleen	1	2004

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<b>Nutrition Therapy</b>			
1. Medical Nutrition Therapy	Crystal Heather Kaczowski	e-book	2023
2. Nutrition Therapy	3G Editorial Board	e-book	2020
3. Geriatric Nutrition	Sara Diana Garduno Diaz	e-book	2020
4. Nutrition & diet therapy	Linda Kelly DeBruyne.	2	2020
5. Medical nutrition therapy simulations	SeAnne Safaii-Waite.	1	2019
6. Basic nutrition and diet therapy : laboratory manual for allied health	Maria Lourdes Cruz-Caudal.	5	2019
7. Basic nutrition and diet therapy : textbook for allied health	Maria Lourdes Cruz-Caudal.	5	2019
8. Human nutrition : science for healthy leaving	Tammy J. Stephenson.	1	2019



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9. Dietary Counseling	Crystal Heather Kaczkowski, MSc and Margaret Alic	e-book	2019
10. Medical Nutrition Therapy for Filipinos	Ruiz, Adela Jamorabo	5	2011
11. Nutrition and Diet Therapy Dictionary	Lagua and Claudio	1	2004

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<b>Public Health Nutrition</b>			
1. Public health Nutrition	3G Editorial Board	e-book	2020
2. Human nutrition : science for healthy leaving	Tammy J. Stephenson.	1	2019
3. Community and public health education methods : a practical guide	Robert J. Bensley.	1	2019
4. Public health nutrition	Judith L. Buttriss.	1	2018
5. Introduction to Public Health 4th edition	Schenicider, Marr Jane	1	2014
6. Basic Nutrition for Filipinos, 6th edition	Jamorabo-Ruiz et. al	5	2010
7. Nutrition Education; Principles and Approaches	Ruiz, Adela J.	4	2010
8. Essential of Nutrition in the Philippine Setting	Jamorabo Ruiz	5	2006

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<b>Culinary and Product Development</b>			
1. Introduction to culinary arts	Elpedia M. Marte-Lago.	3	2023
2. Modern Initiatives for Sustainable Food Production	Friedrich Huth	e-book	2022
3. Meat Quality and Safety and Microbial Analysis	Arlene Raffo	e-book	2022
4. Cooking for the Hospitality Industry		e-book	2022



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5. Analytical techniques for Food Biopreservation	Abeer Iqbal	e-book	2022
6. Food and Beverage Cost control	Sophea Tieng	e-book	2021
7. Food contamination and Safety	Urvashi Swami	e-book	2021
8. Principles of Food Sanitation	Cristina Garcia Jaime	e-book	2020
9. Culinary Nutrition	3G Learning	1	2014
10. Meal Management and Table Service	Claudio, Virginia	5	2014
11. Food Selection, Preparation and Cooking	Flores, Eva-Nebril	5	2014
12. Food and Beverage Reference Dictionary	Jamorabo-Ruiz et. al	1	2006
13. Food Service Education	Perdigon, Grace P.	5	2005

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<b>Nutrition Education</b>			
1. Startup Guide: Nutritionist	3G Editorial Board	e-book	2021
2. Nutrition Education	3G Editorial Board	e-book	2020
3. Medical nutrition therapy simulations	SeAnne Safaii-Waite.	1	2019
4. Wardlaw's perspective in nutrition	Carol Byrd-Bredbenner.	2	2019
5. Illustrated Handbook of Functional Foods	3G Learning	1	2017
6. Basic Nutrition for Filipinos, 6th education	Jamorabo-Ruiz et. al	5	2010
7. Nutrition Education; Principles, Approaches & Strategies	Ruiz, Adela J.	4	2010
8. Prescription to Health	Lim, Varona	1	2009
9. Healthy Foods	Roger. George Puplona	1	2006

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